


Happy New Year. I hope everyone had a great holiday season. It was wonderful to see so many of the members attend the Holiday luncheon last month. We are so grateful that many of the members who have been facing health issues were able to attend.

With the start of the new year, we will be taking time to look back at all the club has accomplished. Helen Ackerman and I have been going through some of the old records and yearbooks. They are great time capsules and full of surprising information. We will be sharing these tidbits with everyone over the year.

To start the year off we have found an article written by a founding member, and first president, as to why the club was founded. You will find this in the newsletter.

We are looking at many special events to help celebrate the club's milestone. If you have any ideas of programs you would like to see please share them with Helen Ackerman or me.

Nancy Dzoba, President


* City of Plantation
* Ireland Companies
* Mike Taussig
* Peter Weidinger Insurance Agency
* Prescription Pad Pharmacy
* PQ Termite Services
* Tim Fadgen
* TM Ralph Funeral Homes
* Van Kirk \& Sons Pools \& Spas
* Waste Management


Our Club welcomed eight new members in December. They are: Alice Purdy, Holly WrightMunoz, Janina Heinrich, Kathi Curtis, Marjorie Epstein Aloni, Mary Lou Samaras, B.J. Toltzis and Ruth Robert.

Kathi joins our esteemed "GFWC PWC Mother and Daughter Members" with Shirley Ware as the proud mom! We look forward to everyone's involvement with our many projects and committees in 2024.

## Helen Ackerman, Membership

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The callers are one of our most important treasures. It means a great deal to a lot of our members to talk with someone. And we all need a reminder of the great happenings coming up.

The new yearbook is coming out soon, and the pages will be changing. I will be in touch with each caller to advise of their new page.


## TO THE MEMBERS...

Being a member of the PLANTATION WOMAN'S CLUB is an honor for all of us. As a member, kindness, caring and looking out for our members is a gift that we can give to each other.

Make a call to another member, just to say hello, how are you?, and the like. Reach out to any member just to let them know they are thought of. If someone needs help, reach out.

Do not hesitate to contact anyone for help. Our club stands for goodness.

Cece Ramirez, Calling Committee Chair



The Helen B. Hoffman Library opened back up on December 26th after a long stay at Deicke Auditorium.

## Library Hours:

Monday thru Thursday 10:00am-8:00pm
Friday and Saturday
Sunday Closed
Their book drops and online resources are always available.

Our Volunteer of the Year event will be held on May 4, 2024. The new venue will be at the Sheraton Suites in the new Plantation Walk. Please start making plans to attend this beautiful event.

## Tiger Buck Store Update

The Tiger Bucks Store had a great student turnout during the late November sale days. Every student walked away with big smiles on their faces and a bag for their goodies. In fact, I am almost out of bags.


Would you be good enough to save your Publix bags (or similar ones) and bring them to our January meeting? It seems to be a status symbol for the students to have a bag for their treasure(s)--even if it is just a bouncy ball! And, the items you gave at our last meeting for the Tiger Bucks Store were a huge success and I cannot thank you enough!!

$\qquad$ FAREWELL ...


I have moved from sunny Florida to a colder climate...NJ in order to be near our family.

Please give my regards and best wishes for a Happy and Healthy Holiday Season to everyone.

Georgina H.
$\qquad$
"The best place to find a helping hand, is at the end of your own arm."
~~Swedish Proverb

## Appreciated

The Thank You Box will be at the January general meeting... please start thinking about thanking your sister members for their kind gestures.

You can write out notes for more than one. I have received a few and if I can offer my personal opinion...each one made me feel special and loved.

Someone thought enough of me to pick up a pen and write a special note just for ME. I want to believe if I felt this way, then others feel that same way. Wouldn't you want to brighten another member's day by just saying "thank you?" I think you would.

Write out notes now, let's fill that box with kindness and love. Remember, the person you leave a note for can receive a broach (not a roach) just for you following your heart.

## Renee Flores, Newsletter Editor

## Annual Fund Raiser



Donate Old Sneakers in January \& February Collection on January 9 \& February 13

Liz Dori will be collecting old sneakers outside the meeting room prior to the start of our regular meeting.

Be part of this worthwhile conservation project!
Got Sneakers sent a check to the Club in December for \$8.25.

Claire Clemente, Ways \& Means

## Join University of Plantation



I'm delighted to announce the launch of University of Plantation (UP), a citizens academy designed to educate residents. Many municipalities have such initiatives and we gathered the best practices to create ours.

The Police Outreach Center at Broward Mall will host the academy. We will offer a series of five one-hour sessions, scheduled once a month from January to May on Thursdays. The sessions will be presented by City staff, and will cover a range of topics from procurement, permitting, budgeting, tree placement and removal. We will also explore the role of a strong mayor.

Registration is limited to 18 attendees. It's first-come, first-served, so apply today to make sure you get your spot at www.Plantation.org/UP.

Mayor Nick Sortal


Rock the Park - Friday, January 5th. Go out and have some fun. Pine Island Park - 6:00pm food trucks / 7:00pm Concert begins.

## Beginning of the Plantation Woman's Club

The following is an article written by Mrs. Fran Harris, a founding member of the club.

It was Spring of ' 48 when we moved to Plantation, then it its infancy- in fact we were the fourth family to come to this community. We felt like true pioneers. There were no lovely, landscaped lawns, no trees, and only sand, rocks, and every species of insect life. Streetlights were confined to Broward Boulevard, and there was nothing between here and the Seaboard tracks but dairy farms and pastures. Cows roamed about our area at will, undoubtedly surprised to see civilization moving in.

As more and more people moved into Plantation, I felt a sincere desire to meet and get to know my new neighbors. It wasn't so easy to talk over the back fence on our acre lots, and only met when we took evening walks which became quite a popular pastime for everyone. I can remember Mrs. Kircher saying at one of our first meetings "I wish you gals would leave your shades up in the evenings so I can see in." Strangely enough we all understood.

And so a desire grew into an idea. I began wondering if the other women felt as I, being isolated as we were and most of us being one car families. Perhaps they too felt a need to get acquainted. To have some social diversion and even perhaps further civic projects - so I decided to find out. I asked Bea Golitz, then Secretary to Plantation Homes to type and put in each mailbox which were then in the office an announcement that there would be an important meeting of all women of Plantation in the office February 18, 1949. Being women, every single one, about 30, came that evening mystified and intrigued.

Lacking in organizational work, I asked Mrs. Ann Clark and Mrs. Mary Clark to help me with proper procedures for presenting my ideas. After explaining the purpose of the meeting, I asked for opinions and view points and after lengthy discussions it was decided to organize a Plantation Woman's Club for the above mentioned purposes. Incidentally several men were so curious to find out what we were plotting, they came to eavesdrop at the back door. Perhaps they were disappointed to learn that for once men were not included.

At this meeting I appointed a nominating committee and by-laws committee which were to report at the next meeting, March $14^{\text {th }}$.

Finding so many interested, we needed a larger meeting place than the office so we decided to use this building, then a warehouse for building materials. The husbands had to move lumber, fencing, nail kegs etc. to make room for chairs for our meetings. On March $14^{\text {th }}$ these same 30 women approved the by-laws presented and held their first election. One of the outstand fact to emerge from that first meeting was that we needed something to brighten up this dismal building and it was suggested music might help. The woman began to discuss ways and means of acquiring a piano. Barbra Hoeltzel volunteered to head a committee to arrange a bake sale. Lorete Seany personally called on each woman as there were no telephones, and asked for a bakery item. This first project netted $\$ 50.00$, a pricey sum considering the few people involved. Bob Clark scouted the area and finally located a slightly used piano which we were privileged to buy for $\$ 50.00$. It was in these first few months a sewing group was formed by Mrs. Caroline Golitz, known as "The Stitchers". They did all sorts of sewing work from making dress forms to Christmas stockings.

This first year and for the next few years our activities were mostly social in nature. Bingo parties, splash parties, Christmas and Halloween parties for the youngsters, Square dances, - just having lots of fun together. I truly think these laid the foundation for the friendly spirit which every new comer found so hear warming.

I am so very gratified to have had a part in organizing this Plantation Woman's Club. I have had and will continue to have a sincere interest and pride in its growth and achievements. I wish you all many, many more successful years to come.

Mrs. Fran Harris, Founding Member Submitted by Nancy Dzoba, President

## F.L.I.T.E. Donations

There was a table FULL of comforter/sheet sets that were donated for the young adults at the F.L.I.T.E. Center this year. Collection was made at our holiday lunch at Jacaranda.

Thank you to everyone who donated a comforter set.


## STROKE SYMPTOMS: WOMEN VS. MEN

Men and women share a common set of stroke symptoms. But women also can experience more subtle warning signs.


Greetings Everyone, Our December general meeting was once again transformed into another splendid holiday fete ... in which Karinne Bernstein and her merry elves had worked their magic with the unique, beautiful centerpiece table settings in the dining area of the lovely Jacaranda Country Club. Dressed in sparkling party attire with happy faces to match, everyone enjoyed a merry mix and mingle of fun and camaraderie... a happy ending to a very productive year for our club. Notable guests included Mayor Nick Sortal with his wife, Robyn (one of our newest members) and Kathy Fadgen's son Councilman Tim Fadgen. Kudos to Darlene Vlazny, chair and her committee!

It was a delight to see Roberta Carraway, Doreen Tuuloch-Reid and even Darlene able to join the holiday festivities. Yes, although she recently had suffered a stroke and hospitalized with many tests, Darlene was determined not to miss the party. Each one, after their many challenging weeks dealing with medical issues looked radiant and lovely! We all missed Claire Clemente but understand although she is doing well, we are aware that she must pace herself and her activities. Our prayers are with each of these stalwart ladies for continued positive progress toward a full recovery. They are so appreciative of all the expressions of support, encouragement and especially those prayers that YOU, their fellow PWC sisters, have sent their way ... a huge "THANK YOU" from very grateful hearts.

We wanted to let you know that our club has made a donation to the Plantation Volunteer Fire Association Scholarship Fund in the names of both Gloria and Ralph Merritt in memory of their combined involvement and dedication to our club and community. They will long be remembered, admired and loved by all who knew them.

Can't believe as I'm writing this, it's now almost time to ring in 2024, which promises to be a "biggie' as we celebrate our $75^{\text {th }}$ anniversary! So, "All Aboard, Ladies!" as our PWC Team has a full agenda scheduled with some major new and old projects and activities planned for the year ahead. We need everyone's participation to reach our goals. Be sure YOU have signed on, bringing your talents and efforts of support as we volunteer, serve and at the same time we enjoy fun and special times with our PWC fellow sisters.

Again, we are ever so grateful to Sandra Brandt for her huge contribution providing the beautiful ceramic pieces gifted to our birthday members each month. Also, to Michelle Moskowitz, many, many thanks as she continues to keep our greeting box full of her beautiful, unique note cards which we dispense throughout the year and helps bring a bit of sunshine along with them. A reminder to you all, we hope many of you are ready to share your artistic talents with a presentation at this
month's annual Arts \& Craft program. Will your entry be a $1^{\text {st }}$ place winner and go on to District or even State level? Good luck to all!

We were sorry to learn that Agnes Mathey had been hospitalized and after much testing it was discovered that one of her medications was not being taken at the proper time of day. She will be spending Christmas holidays with her daughter Nanette in Tallahassee as she plans to relocate there and will be checking on several assisted living facilities in the area. Agnes is a faithful long time member and we will miss her. She shares her cell phone number (954) 683-5985 and temporary address is 2098 Lake Hall Road, Tallahassee, Fl., 32309.

Agnes's recent hospitalization is an example of one to try to prevent happening. Hence this month's sunshine Tip: It is important that when taking your medications, your clock is set for the proper timing! If you are taking all your medications at the same time in the morning or at night, STOP and read the directions. Talk to your doctor or pharmacist. Also, be sure every doctor knows what other prescriptions you are taking. As you are aware, some drugs may cause dizziness, drowsiness, nausea, etc. some are better taken at night, while others are more effective in the morning. Do take the time to check especially with new meds. Also be sure to review last month's newsletter article, Safer Prescribing for Older Adults shared by Helen Ackerman. Take care.

We live in challenging times and as we go about this New Year working on goals we've set for ourselves and our group, let's all try to remember to cultivate sunshine and happiness whenever and wherever we can. As late Andy Rooney, a great journalist and news commentator once wrote, "For most of life nothing wonderful happens. If you don't enjoy getting up and working and finishing your work and sitting down to a meal with family or friends, then the chances are you are not going to be very happy. If someone bases happiness or unhappiness on major events like a great job, huge amounts of money, a flawless happy marriage or a trip to Paris, that person isn't going to be happy most of the time. If on the other hand, happiness depends on a good breakfast, a drink or a nap, they are more likely to live with quite a bit of happiness." So true! Happiness never simply happens to us. We must choose to be happy and keep choosing it every single day!

As we close, we wish you a most HAPPY, HEALTHY, and BOUNTIFUL 2024!! Take Care. Be Well. Be Safe.


Sunshine and Cheer, Connie, Pat and Eirene

## Cight Up City Hall - December 2nd



Alina Santiago (Karinne Bernstein's daughter), Renee, Karinne, Nancy, Michelle, Helen and Gail. What a wonderful night for the festivities! When all of the lights were turned on by the Mayor and Council and the Co-Sponsors - Plantation Woman's Club and Baptist Health, your breath was taken away on how beautiful the whole front of City Hall looked. Amazing job by the City.

## Bev's Cajun Christmas Party - December 8th



What a fabulous time we all had at Bev's Cajun Christmas Party! If you didn't know, Bev goes all out for her Christmas parties. So much fun with all Bev's friends and not to mention, Bev ALWAYS feeds us with her homemade foods. I must say her gumbo is so delicious, well....all the food is delicious, but I love the gumbo the most. Thanks Bev for a wonderful time celebrating with you - Renee

## PWC Holiday Cunch - December 12th



Another Holiday Luncheon for the books! Everyone had a super time celebrating the holiday season together at the Jacaranda Country Club. Lots of laughs and smiles for everyone. Great company around a special meal. More pictures on page 9


## January 2024

Jan 2, Board Meeting - Plantation Community Center, 10:00AM
Jan 9, General Meeting - Plantation Community Center, 10:00AM


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## For Volunteering Opportunities, please contact the following...

Arts \& Culture - Roberta Carraway
Education \& Libraries - Karen Hodish
Environment - Martha Gregory
Health \& Wellness - Karinne Bernstein International - Gail Triviz
Public Issues - TBA
Doggie Palooza - Nancy Dzoba Garden Tea Party - Cece Ramirez Volunteer of the Year - Lou/Judy M. Parades/July 4th Picnic - Renee Flores Not Your Mama's Craft Fair - Nancy/Lou Holiday Lunch - Darlene Vlazny
Socials - Cece Ramirez
Tiger Bucks Store - Shirley Wiggin ESO Book Club - Nancy Dzoba

Ways \& Means - Claire Clemente Membership - Helen Ackerman 75th Club Anniversary - Helen Ackerman Scholarships - Karen Hodish

